**Abstract description (EN):**
The topics during the men's health national week are about the prevention and promotion of mental health, dependence, suicide, overweight, sport, risk situations and dangerous situations during the work and in traffic. There was health screening in Budapest and 12 other cities for employees in the industrial sector. The screening options included blood sugar estimation, blood-pressure monitoring, cholesterol level monitoring, and BMI counting. More than 500 participants participated. Most men who participated in this program were under 40 years. In Budapest, screenings took place in 4 spas and included blood sugar estimation, blood-pressure monitoring, nutrition counselling, urological counselling. Men who participated in this program were between 40-60. In this year 14 person take a successful exam in the subject of men's health monitoring (this course is ongoing).

**Abstract description (Original Language):**
A Férfiak egészségének hete.A héthez kapcsolódóan évente konferenciát szervznek, olyan témákban, melyek a férfiak egészségét érintik, így pl.a mentális betegségek, rizikó magatartás, fizikai aktivitás, munkahelyi egészség.A konferencia melett
ingyenes szurovizsgálatokat tartanak az ország különböző városaiban.

**Keywords:** mens health

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**ENGENDER EDITOR**

Email: csizmadia.peter@oeﬁ.antsz.hu