

# **Engender Database extract**

#### **GEOGRAPHIC**

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Europe (EU)

**Country** 

Hungary

# **BASIC DETAILS**

#### Language

Hungarian

**Sector:** Health

Title (EN): Men's health National Week

#### **Abstract description (EN):**

The topics during the men's health national week are about the prevention and promotion of mental

health, dependence, suicide, overweight, sport, risk situations and dangerous situations during the work and in traffic. There was gree health screening in Budapest and 12 other cities for employees in the industrial sector. The screening options included blood sugar estimation, blood-pressure monitoring, cholesterin level monitoring, and BMI counting More than 500 participant participated. Most men who participated in this program were under 40 years. In Budapest, screenings took p

lace in 4 spas and included blood sugar estimation, blood-pressure monitoring, nutrition counselling, urological counselling Men who participated in this program were between 40-60In this year 14 person take a successful exam in the subject of men's health monitoring (this course is ongoing).

Title (Original Language) Férfiak Egészség Hete

## **Abstract description (Original Language):**

A Férfiak egészségének hete. A héthez kapcsolodóan évente konferenciát szervznek, olyan témákban, melyek a a férfiak egészségét érintik, így pl. a mentális betegségek, rizikó magatartás, fizikai aktivitás, munkahelyi egészség. A konferencia melett

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ingyenes szurovizsgálatokat tartanak az ország különbözo városaiban.

**Keywords:** mens health

# **BIBLIOGRAPHICAL INFORMATION**

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