



## Engender Database extract

### GEOGRAPHIC

Continent
Europe (EU)
Country
Slovenia

### BASIC DETAILS

Language
Slovene

**Sector:** Health

**Title (EN):** Non-governmental organisation  
Change of Heart

#### Abstract description (EN):

The programme of non-governmental organisation Change of Heart is meant for people with different non-chemical addictions, to offer them treatment and support in rehabilitation process, and to organise preventive activities; it is the only center of this kind in Slovenia. For the members of the association treatment is offered (for food addiction, gambling, sexual addiction, sexual anorexia, shopping, video game and internet addiction ...) based on the modified socio-andragogic method. Individual psychotherapy, group therapy (group treatment for sexual addiction, for partnership and against violence in partnership ...). Additional activities as preparing lectures to different target groups, writing scientific articles, chapters and books, translating basic literature; extensive collaboration with mass media are part of the whole programme.

**Title (Original Language):** Sprememba v srcu, Društvo za pomoc zasvojenim

#### Abstract description (Original Language):

Za clane društva program nudi organizirano zdravljenje nekemicalnih odvisnosti (odvisnost od hrane, iger na sreco za denar, odvisnost od seksualnosti, seksualna anoreksija; odvisnosti od sanjarjenja, nakupovanja, zadolževanja, od igranja iger na racunalniku ...) po

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modificirani socialno-andragoški metodi. Izvaja se s pomočjo individualne terapije in v terapevtskih skupinah (mdr. skupina za zdravljenje seksualne zasvojenosti in skupina, ki se posveca pomoci v partnerskih odnosih in preprecevanju nasilja). Sesta vni del programa so tudi izobraževanje javnosti in strokovnjakov, pisanje in prevajanje strokovne in poljudne literature v obliki knjig, clankov, poglavij, spremnih besed in podobno, predavanja razlicnim ciljnim populacijam in sodelovanje na nacionalnih in mednarodnih konferencah.

**Keywords:** addiction, psychotherapy, relationships, sexuality

### Free Comments:

Results of analysis of the situation in Slovenia showed there is a growing need for such programme - as in Europe in general. It has short- and long term impacts (limitation of harm to health - less HIV infections, less non-wanted pregnancies, less stress-induced illnesses, less sexual abuse)

e, positive influence on friends and family members, improvements in partnerships and family relationships, better health of women and men in general, changes in family life and in society in general regard

## BIBLIOGRAPHICAL INFORMATION

**Data type:** Book  
**Title:** Peklenska gugalnica  
**Year:** 2007  
**Editor:** Mladinska knjiga  
**Publisher:** Mladinska knjiga  
**Volume:** /  
**Edition:** 3rd  
**ISBN/ISSN:** 9788611178998  
**Page /Chapter:** /  
**City:** Ljubljana  
**Issue:**  
**URL:**  
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