



## Engender Database extract

### GEOGRAPHIC

Continent
Europe (EU)

Country
United Kingdom

### BASIC DETAILS

Language
English

**Sector:**

Education

**Title (EN):**

Tackling

Men's

Health

**Abstract description (EN):**

The Tackling Men's Health pilot programme was developed out of a partnership between Leeds Metropolitan University, the Department of Health and Leeds Rhinos Rugby League club. The multi-component programme was a health promotion intervention designed to

be delivered alongside league fixtures within the Engage Super League in order to target male attenders at those fixtures.

The initiative was linked to the National Change 4 Life programme and the overarching theme for the pilot season was to be healthy weight.

**Keywords:**

Mens Health, Sport, Healthy Stadia, Health Promotion

### BIBLIOGRAPHICAL INFORMATION

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Technical reports / Technical projects

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